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Fresh Start...

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Get *Busy* with Me

Ready, Set, Go! I'm not implying that life is a race but if we're gonna get the most out of it, then we've gotta get busy. On the blog this month we'll be talking all about "Fresh Starts" and learn why I'm giving up a few things in 2017.

Getting *Busy* in the Kitchen:

Available on the blog 1.8.17

Let's make a few decisions now, that will help us stay on track when we're on the go.

3 of my "go to" recipes for those busy nights when dinner is the last thing on my mind.

Gett'n *Pretty* Keeps me *Busy*

Available on the blog 1.15.17

Later this month on the blog we will go shopping. I'll share the products I love and we will clean out that messy makeup drawer (you know you have one)

I resolve to spend more time in the bathroom in 2017. I'll share why spending a little quality time alone in the bathroom will help get you out the door faster & happier in the morning.

Busy Staying Healthy

available on the blog 1.22.17

I quit!...

The gym that is.. Find out why and how I plan to stay healthy in 2017. I'll share my Herbalife daily routine, at home workout plan and my favorite protein shake recipe.

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